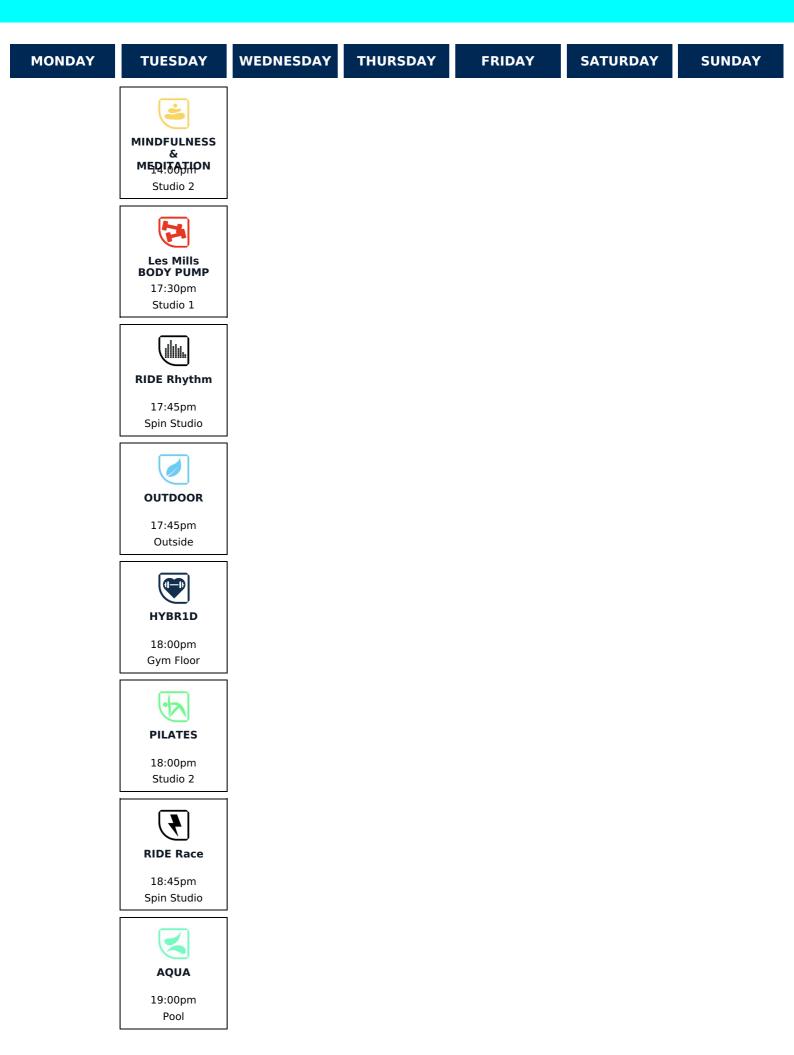


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
RIDE Rhythm 18:00pm Spin Studio	PILATES 10:30am Studio 2	Les Mills BODY G8:MGAT Studio 1	RIDE Race 18:00pm Spin Studio			
SHAPE 18:15pm Studio 1	AQUA 11:00am Pool	Les Mills BODY PUMP 19:20pm Studio 1	OUTDOOR 18:00pm Outside			
HYBR1D 18:30pm Gym Floor	BARRE 11:40am Studio 2	FloatFit HIIT 19:30pm Pool	Les Mills BODY G8.MGAT Studio 1			
Les Mills BODY BALANCE Studio 2	VINYASA YOGA 12:30pm Studio 2	FloatFit BALANCE 20:05pm Pool	PILATES 18:30pm Studio 2			
Les Mills BODY PUMP 19:10pm Studio 1	AQUA 12:40pm Pool		YIN YOGA 19:30pm Studio 2			
FloatFit HIIT 19:30pm Pool	SHAPE 13:00pm Studio 1					
FloatFit BALANCE 20:05pm Pool	WELCOME TO GROUP EXERCISE Outside					
	MOVE 14:00pm Studio 1					



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	VINYASA YOGA					
	19:00pm					
	Studio 2					
	Les Mills BODY ATTACK					
	19:15pm					
	Studio 1					

Valid from 01/09/2025 to 05/09/2025.