

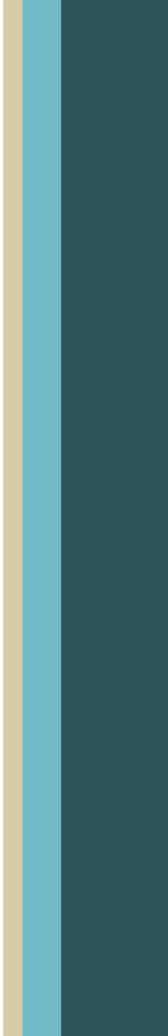


**AURA**  SPA  

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The Warwickshire  

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**ESPA Aromatherapy Massage** | *75 minutes*

A deeply relaxing full body and scalp massage using your personalised blend of Aromatherapy oils to leave you feeling relaxed, de-stressed and rebalanced.

Treat Yourself ~ To Include Hot Stones | *90 minutes*

**Signature Full Body Massage** | *60 minutes*

A traditional massage using your desired pressure to promote relaxation and ease muscle tension.

Treat Yourself ~ To Include Hot Stones | *75 minutes*

**Back, Neck & Shoulder Massage** | *30 minutes*

A stress busting treatment, tailored to target your individual areas of concern and iron out any areas of tension.

Treat Yourself ~ To Include Hot Stones | *45 minutes*

**Stress Relieving Massage** | *45 minutes*

A back, neck and shoulder massage, including a scalp massage to help deepen your level of relaxation.



# ESPA

## **ESPA Skin Radiance Facial** | *60 minutes*

This revitalising facial treatment helps refresh tired skin, giving a noticeably brighter and naturally radiant appearance.

## **ESPA Advanced Skin Radiance Facial** | *90 minutes*

This advanced treatment also includes a Clarisonic brush cleanse, age-defying massage using rose quartz crystals, and a Lifting and Smoothing Mask.

## **ESPA Re-Hydrator Facial** | *60 minutes*

An intensive and regenerating facial for dehydrated skin, leaving it supple and nourished.

## **ESPA De-Sensitiser Facial** | *60 minutes*

A comforting facial for sensitive skins prone to redness and irritation, leaving skin calm and nourished.

## **ESPA Skin Purifying Facial** | *60 minutes*

Ideal for oily, congested and problematic skin, or those suffering with hormonal imbalance.

## **ESPA Lifestage Facial** | *60 minutes*

An advanced facial using Lifestage products to target all of the most visible signs of ageing.

## **ESPA Lift & Firm Facial** | *60 minutes*

An advanced facial using Super Active products to improve skin tonicity, firmness and enhance cellular regeneration.

## **ESPA Regenerating Facial** | *75 minutes*

A luxurious and regenerating facial for maturing skin to help minimise lines and wrinkles around the eyes, neck, lips and jawline.

## **ESPA Regenerating & Firming Eye Treatment** | *30 minutes*

Perfect for those who are concerned with the first signs of ageing around the eyes.

## **ESPA Express Facial** | *30 minutes*

Cleansing and Exfoliation is followed by the application of a nourishing mask, whilst a heavenly neck and shoulder massage is carried out to leave you feeling refreshed and your skin radiant.



# CLARINS

## Clarins Tri Active Facial | *75 minutes*

This highly personalised treatment will provide you with the feeling of total wellbeing. Your trained therapist will advise which of the following facials is most suitable to you:

Lifting Replenisher  
Power Firmer  
Radiance Reviver  
Moisture Quencher  
Skin Smoother

## Treat Yourself | *90 minutes*

Include a choice of either a back massage or a scalp and foot massage.

## Clarins Aromatic Balancer Facial | *60 minutes*

Whatever your skin condition, oily, congested, dry, dull, dehydrated or sensitive, this customised treatment will rebalance and coax it back to blooming.

## Clarins Extra Relaxing Aromatic Facial | *75 minutes*

This indulgent and pampering treatment commences with a back massage, after which the skin is treated to the Aromatic Balancer facial.



## CLARINS EXPRESS

## The Clarins Refresher Facial | *30 minutes*

A serious WOW facial treatment for when you need great skin and a glowing complexion. Cleanse and exfoliation is followed by a chosen mask, then a neck and shoulder massage completes this pick-me-up treatment.

# ESPA

## **Back Face & Scalp Treatment** | *90 minutes*

This ESPA treatment targets three areas- the back, the face and the scalp, making it the ideal treatment for anyone.

Treat Yourself ~ To Include Hot Stones | *105 minutes*

## **ESPA Holistic Total Body Care** | *90 minutes*

Full body skin brushing and exfoliation to prepare for a deep body, face and scalp massage, using a blend of essential oils chosen to suit individual requirements.

Treat Yourself ~ To Include Hot Stones | *105 minutes*

## **Salt & Oil Scrub** | *30 minutes*

This exceptional skin-softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple.

## **ESPA Restorative Mud Envelopment** | *60 minutes*

This body wrap includes a full body exfoliation and a relaxing head massage to help ease tension and leave the skin purified smooth and hydrated.

## **ESPA Detoxifying Algae Wrap** | *60 minutes*

Body brushing and full body exfoliation is followed by an application of warm Algae gel to stimulate, detoxify, tone and firm the skin, it is ideal as part of a detox programme.



# CLARINS

Body



## **Clarins Body Polisher** | *45 minutes*

Intensive double exfoliation deep cleanses and retextures for a body that's super soft and smooth. The final touch is an application of conditioning body lotion, leaving skin fresher and brighter.

## **Clarins The Sun Glow** | *75 minutes*

The ultimate self tanning treatment for face and body with skin-smoothing exfoliation. Gives you an all-over gorgeous, long-lasting, golden colour that looks as natural in winter as in summer.

## **Clarins Mother to Be & New Mum Treatment** | *75 minutes*

Pure indulgence for face and body, adapted to pre and post-natal stages of pregnancy to leave you feeling wonderfully relaxed and energised.

## CLARINS *EXPRESS*

### **The Clarins Energizing Back, Neck & Scalp Massage** | *45 minutes*

A detoxifying and decongesting back cleanse restores fresh, blemish-free skin accompanied by a deep tissue massage.

### **The Clarins Body Polisher** | *45 minutes*

Intensive double exfoliation deep cleanses and retextures for a body that's super soft and smooth. The final touch is an application of conditioning body lotion, leaving skin fresher and brighter.

### **The Clarins Refresher Facial** | *30 minutes*

A serious WOW facial treatment for when you need great skin and a glowing complexion. Cleanse and exfoliation is followed by a chosen mask, then a neck and shoulder massage completes this pick me up treatment.

### **The Clarins Age Defying Eye Treatment** | *30 minutes*

Intensively replenishes the delicate eye area, visibly reducing fine lines and wrinkles to reveal more youthful-looking eyes from temple to temple.

## ESPA *EXPRESS*

### **ESPA Express Facial** | *30 minutes*

Cleansing and Exfoliation is followed by the application of a nourishing mask, whilst a heavenly neck and shoulder massage is carried out to leave you feeling refreshed and your skin radiant.

### **ESPA Aromatic Hair & Scalp Ritual Time** | *30 minutes*

Indulge in the ultimate nourishing, heavenly hair and scalp ritual, which includes a deeply relaxing massage to neck and shoulders using essential oils and active botanical products.

### **ESPA Regenerating & Firming Eye Treatment** | *30 minutes*

Perfect for those who are concerned with the first signs of ageing around the eyes.

### **Salt & Oil Scrub** | *30 minutes*

This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple.



## Nails with JESSICA® Natural Nail Care

### **GEleration Manicure** | *60 minutes*

A full manicure treatment, including your choice of GEleration polish, lasting more than 2 weeks without any smudging or fading.

### **GEleration Pedicure** | *75 minutes*

Your pedicure will include hard skin removal, shaping of the nails, cuticle tidy, exfoliation and application of the long lasting GEleration colour of your choice.

### **GEleration File & Polish** | *45 minutes*

A file and shape of your finger or toenails and application of the GEleration colour of your choice.

### **Gel Removal**

GEleration polish is recommended to be removed professionally, to avoid any damage to your natural nails. Treat yourself following the removal of your old colour by having a file and polish or a manicure.

### **GEleration Removal** | *30 minutes*

### **GEleration Removal and File & Polish** | *75 minutes*

### **GEleration Removal & Manicure** | *90 minutes*

### **Jessica Manicure** | *45 minutes*

Your manicure includes shaping of the nails, cuticle tidy, relaxing arm massage and an application of personalised treatment basecoat and your chosen polish colour.

### **Jessica Luxury Spa Manicure** | *60 minutes*

This luxury treatment uses products to help strengthen nails that easily break, split or peel. This treatment includes hand and arm exfoliation and heated mitts.

### **Jessica ZEN Spa Pedicure** | *60 minutes*

Your pedicure will include hard skin removal, shaping of the nails, cuticle tidy, exfoliation, relaxing foot massage and application of your chosen polish colour.

### **Treat Yourself ~ To Include Heated Booties** | *75 minutes*

### **File & Polish (*Fingers or Toes*)** | *30 minutes*

Why not choose a long-lasting Jessica Phenom polish for your Manicure or Pedicure?

## Eyes

Eyelash Tint*	30 minutes
Eyebrow Tint*	15 minutes
Eyelash & Eyebrow Tint*	30 minutes
Eyebrow Shape	15 minutes

## Holistic Treatments

Hopi Ear Candles	45 minutes
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A traditional treatment within the Native Hopi Indian tribe to help with a number of ear, nose and throat conditions, such as Sinusitis, Tinnitus, Snoring, Vertigo and many more. Includes a relaxing pressure point facial and scalp massage to help relax and unblock the area.



## Wax



### Lycon Hot Wax

Australia's Lycon Wax contains the finest resins, natural ingredients and aromatherapy oils to deliver superior performance, removing hairs as short as 1mm. With its low temperature it provides a much more comfortable treatment.

Lycon Bikini Tidy	15 minutes
Lycon High Leg Bikini Wax	30 minutes
Lycon Brazilian	60 minutes
Lycon Hollywood	60 minutes
Lycon Extra Patch	15 minutes
Lycon Underarm	15 minutes
Lycon Lip or Chin	15 minutes
Lycon Lip & Chin	30 minutes
Lycon Eyebrows	15 minutes
Lycon Sides of Face	15 minutes

*Please avoid any heat treatments (eg. sunbed or sauna) before and after any waxing.*

*\*A patch test is required 24 hours prior to any tinting carried out in Aura Spa.*

### Strip Waxing

½ Leg Lower	30 minutes
½ Leg Upper	30 minutes
¾ Leg	30 minutes
Upper Leg	30 minutes
Full Leg	30 minutes
Full Leg & Bikini Tidy	45 minutes
Full Leg & High Leg Bikini Wax	45 minutes
Bikini Tidy	15 minutes
High Leg Bikini Wax	15 minutes
Underarm	15 minutes
½ Arm	30 minutes
Full Arm	30 minutes
Chest	30 minutes
Back	30 minutes
Back incl. Upper Arms	30 minutes
Lower Back	15 minutes
Stomach	30 minutes
Lip or Chin	15 minutes
Lip & Chin	15 minutes

**Men's Massage****Clarins Muscle Ease Body Massage** | 60 minutes

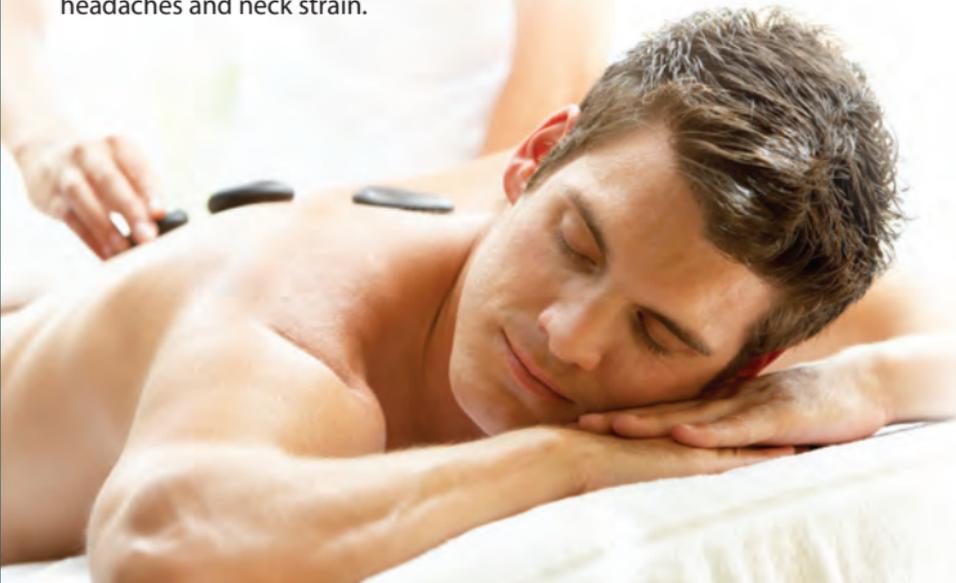
An intensely therapeutic massage eases tense shoulders, back knots and aches. Aromatic essential oils supercharge the stress-relieving benefits, restoring your sense of wellbeing.

**ESPA Deep Muscle Massage** | 60 minutes

A powerful massage designed to alleviate deep-seated tension and muscular stress by concentrating on specific areas of concern.

**ESPA Muscle Reviver** | 60 minutes

A condensed massage for those who suffer with tension-related headaches and neck strain.

**Men's Face****ESPA Personalised Facial** | 60 minutes

This cooling, purifying facial awakens the senses and brightens the face. Perfect to enliven your skin the morning after the night before.

**Clarins Skin Blitz Facial** | 60 minutes

Whatever life has hit your skin with, this super-relaxing bespoke facial will target and treat it. Your face will look and feel refreshed, healthy and smooth.

**Men's Nails****Manicure for Men** | 30 minutes

Treat your hands to a manicure using only the finest products to leave your hands and nails looking neat and tidy, and feeling smooth.

**Pedicure for Men** | 45 minutes

Hard skin removal is followed by a foot soak and a deeply relaxing foot massage. Includes cuticle work and grooming of the nails, leaving you feeling relaxed and your feet smoothed.

**Men's Waxing**

<b>Back</b>	30 minutes	<b>Full Arm</b>	30 minutes
<b>Lower Back</b>	15 minutes	<b>½ Arm</b>	30 minutes
<b>Back incl. Upper Arms</b>	30 minutes	<b>Eyebrow Tidy</b>	15 minutes
<b>Chest</b>	30 minutes		
<b>Stomach</b>	30 minutes		

## Spa Days & Breaks

With all of our Spa Day Packages you can enjoy a day of relaxation with amazing treatments and use of the spa facilities that include our pool, hydro pool, sauna and steam rooms. If you wish to enjoy some light exercise in our gym or take part in a group exercise class this is also available to you. Towels and robes are available throughout your spa day.

Classes are subject to availability and can only be booked on the day of your visit. Robes may only be worn around the wet facilities and in Aura Spa. Please be aware that as a family-friendly club, the children's pools will be in use throughout your Spa Day.

### Harmony Package

Choose from one of the following 30 minute treatments :

**Express Facial | Back Massage | Salt & Oil Scrub**

Followed by tea or coffee and a slice of cake.

### Serenity Package

Your choice of two of the following 30 minute treatments:

**Express Facial | Back Massage | Salt & Oil Scrub**

**Mini Manicure | Mini Pedicure**

Followed by a light lunch including a glass of wine or soft drink.

### Tranquility Package

Your choice of one of the following 1 hour treatments:

**ESPA or Clarins Facial | Full Body Massage**

And one of the following 30 minute treatments:

**Express Manicure | Express Pedicure**

Followed by a light lunch including a glass of Prosecco, and a gift bag to take home.

### Pregnancy Vitality Package

Enjoy a Clarins Mother to Be & New Mum Treatment, followed by a light lunch and drinks with a gift bag to take home.

**Spa Breaks available** - please see [www.thewarwickshire.com/aura-spa](http://www.thewarwickshire.com/aura-spa) for our latest breaks and offers.

**PURELY MASSAGE**

ESPA Aromatherapy Massage	75 minutes	£56
~with Hot Stones	90 minutes	£72
Signature Full Body Massage	60 minutes	£54
~with Hot Stones	75 minutes	£67
Back, Neck & Shoulder Massage	30 minutes	£37
~with Hot Stones	45 minutes	£50
Stress Relieving Massage	45 minutes	£44

**FACE ~ ESPA**

ESPA Skin Radiance Facial	60 minutes	£54
ESPA Advanced Skin Radiance Facial	90 minutes	£65
ESPA Re-Hydrator Facial	60 minutes	£54
ESPA De-Sensitiser Facial	60 minutes	£54
ESPA Skin Purifying Facial	60 minutes	£54
ESPA Lifestage Facial	60 minutes	£60
ESPA Lift & Firm Facial	60 minutes	£57
ESPA Regenerating Facial	75 minutes	£62
ESPA Regenerating & Firming Eye Treatment	30 minutes	£37
ESPA Express Facial	30 minutes	£37

**FACE ~ CLARINS**

Clarins Tri Active New Generation Facial	75 minutes	£72
Clarins Tri Active New Generation Facial ~with add on treats	90 minutes	£87
Clarins Aromatic Balancer Facial	60 minutes	£54
Clarins Extra Relaxing Aromatic Facial	75 minutes	£60
Clarins Refresher Facial	30 minutes	£37

**BODY ~ ESPA**

ESPA Back Face & Scalp Treatment	90 minutes	£67
~with Hot Stones	105 minutes	£80
ESPA Holistic Total Body Care	90 minutes	£67
~with Hot Stones	105 minutes	£80
Salt & Oil Scrub	30 minutes	£37
ESPA Restorative Mud Envelopment	60 minutes	£60
ESPA Detoxifying Algae Wrap	60 minutes	£60

**BODY ~ CLARINS**

Clarins Body Polisher	45 minutes	£42
Clarins The Sun Glow	75 minutes	£52
Clarins Mother to Be & New Mum Treatment	75 minutes	£58

**EXPRESS TREATMENTS**

Clarins Energizing Back, Neck & Scalp Massage	45 minutes	£42
The Clarins Body Polisher	45 minutes	£42
The Clarins Refresher Facial	30 minutes	£37
The Clarins Age Defying Eye Treatment	30 minutes	£37
ESPA Express Facial	30 minutes	£37
ESPA Aromatic Hair & Scalp Ritual	30 minutes	£37
ESPA Regenerating & Firming Eye Treatment	30 minutes	£37
Salt & Oil Scrub	30 minutes	£37



## NAILS WITH JESSICA NATURAL NAIL CARE

GEleration Manicure	60 minutes	£40
GEleration Pedicure	75 minutes	£46
GEleration File & Polish	45 minutes	£30
GEleration Removal	30 minutes	£14
GEleration Removal, File & Polish	75 minutes	£44
GEleration Removal & Manicure	90 minutes	£52
Jessica Manicure	45 minutes	£30
Jessica Luxury Spa Manicure	60 minutes	£37
Jessica ZEN Spa Pedicure	60 minutes	£36
~ with Heated Booties	75 minutes	£39
File & Polish ( <i>Fingers or Toes</i> )	30 minutes	£22

## EYES

Eyelash Tint	30 minutes	£19
Eyebrow Tint	15 minutes	£10
Eyelash & Eyebrow Tint	30 minutes	£24
Eyebrow Shape	15 minutes	£13

## HOLISTIC TREATMENTS

Hopi Ear Candles	45 minutes	£37
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## WAX ~ Lycon Hot Wax

Lycon Bikini Tidy	15 minutes	£16
Lycon High Leg Bikini Wax	30 minutes	£24
Lycon Brazilian	60 minutes	£40
Lycon Hollywood	60 minutes	£42
Lycon Extra Patch	15 minutes	£8
Lycon Underarm	15 minutes	£16
Lycon Lip or Chin	15 minutes	£12
Lycon Lip & Chin	30 minutes	£18
Lycon Eyebrows	15 minutes	£14
Lycon Sides of Face	15 minutes	£13

## WAX ~ Strip Waxing

½ Leg Lower	30 minutes	£22
½ Leg Upper	30 minutes	£24
¾ Leg	30 minutes	£26
Upper Leg	30 minutes	£24
Full Leg	30 minutes	£30
Full Leg & Bikini Tidy	45 minutes	£38
Full Leg & High Leg Bikini Wax	45 minutes	£42
Bikini Tidy	15 minutes	£15
High Leg Bikini Wax	15 minutes	£19
Underarm	15 minutes	£14
½ Arm	30 minutes	£18
Full Arm	30 minutes	£23
Chest	30 minutes	£25
Back	30 minutes	£26
Back incl. Upper Arms	30 minutes	£32
Lower Back	15 minutes	£23
Stomach	30 minutes	£23
Lip or Chin	15 minutes	£10
Lip & Chin	15 minutes	£16



**MEN'S MASSAGE**

Clarins Muscle Ease Body Massage	60 minutes	£52
ESPA Deep Muscle Massage	60 minutes	£54
ESPA Muscle Reviver	60 minutes	£54

**MEN'S FACE**

ESPA Personalised Facial	60 minutes	£54
Clarins Skin Blitz Facial	60 minutes	£54

**MEN'S NAILS**

Manicure for Men	30 minutes	£31
Pedicure for Men	45 minutes	£33

**MEN'S WAXING**

Back	30 minutes	£26
Lower Back	15 minutes	£23
Back incl. Upper Arms	30 minutes	£32
Chest	30 minutes	£25
Stomach	30 minutes	£23
Full Arm	30 minutes	£23
½ Arm	30 minutes	£16
Eyebrow Tidy	15 minutes	£11

**SPA DAYS**

Harmony Package	1 day	£85
Serenity Package	1 day	£120
Tranquility Package	1 day	£135
Pregnancy Vitality Package	1 day	£100

**BOOKING INFORMATION**

Appointments can be made by phone or in person. All treatment times set out in this tariff are there as a guideline only. Times indicated include a consultation and time to enable you to prepare for and complete your treatment.

The relaxing environment in Aura Spa is created with your wellbeing in mind, therefore we ask you to abide with club rules and switch your mobile phone off before entering the Spa.

It is with regret that we cannot accommodate babies and children in the treatment areas of Aura Spa. Think of your Spa as your personal beauty space, a tranquil place for a little me-time. The minimum age for treatments is 12, however children aged 12-16 must be accompanied by an adult.

Some treatments are not recommended for pregnant women. We advise that you wait until you've completed the first 12 weeks of your pregnancy and always seek the advice of your doctor.

Please arrive at Aura Spa reception at least 10 minutes prior to your appointment. This will give you time to unwind and get more out of the early stages of your treatment.

We require 24 hours notice to cancel or change an appointment otherwise a 50% cancellation fee will apply. If you fail to turn up without prior notice, full payment will be required.

You must inform the therapist prior to your treatment commencing if you suffer from any medical conditions, allergies, or are on any medication.

Gift vouchers can be purchased online or at the Spa. They are valid for 6 months and are non-refundable.

Please note, if you haven't had tinting in Aura before, it is essential you have a patch test at least 24 hours before your appointment or we will ask you to sign a disclaimer form saying you consent to tinting at your own risk.

Please note if you choose to wear the flip flops provided by Aura you will do so at your own risk, as they are not recommended as footwear.

**Direct Line:** 01926 622 555

**Club Reception:** 01926 409 409

**Email:** warwickshire.aura@theclubcompany.com

**www.thewarwickshire.com**

**AURA** SPA  
The Warwickshire

The Warwickshire Golf & Country Club  
Leek Wootton, Warwick  
Warwickshire CV35 7QT

# AURA SPA

The Warwickshire

Our treatments are available

Monday and Tuesday 10am - 8pm

Wednesday and Thursday 10am - 10pm

Friday 10am - 8pm

Saturday and Sunday 10am - 6pm

We also welcome non members to Aura Spa.

The Warwickshire Golf & Country Club  
Leek Wootton  
Warwick  
Warwickshire  
CV35 7QT

Direct Line: 01926 622 555

Club Reception: 01926 409 409

Email: [warwickshire.aura@theclubcompany.com](mailto:warwickshire.aura@theclubcompany.com)

[www.thewarwickshire.com](http://www.thewarwickshire.com)

ESPA CLARINS

JESSICA®

Lycon  
precision waxing™

